## ATTENTION CANCER COORDINATORS AND OUTREACH WORKERS

## Schedule a Sun Safe Child Care Curriculum Training in Your Area!



The Maryland Skin Cancer Prevention Program is providing training opportunities for Cancer Coordinators/Outreach Workers to introduce childcare providers to the Sun Safe Preschool Curriculum. Call us to find out if there is a trainer in your area, or to set up a train-the-trainer session. "Sun Safe: A Sun Protection Curriculum for Preschoolers," has been proven to effectively promote sun safe behaviors for children ages 2 –9, which will reduce their risk of developing skin cancer later in life.

Child care providers can play an important role in delivering Sun Safe Messages to children because children are most receptive to health messages during their early years. Preventive health habits developed at these young ages are likely to continue into adulthood. Children are particularly receptive to health messages when in an environment where they are comfortable, have peer support, and teachers as role models. Quality childcare sites provide such an atmosphere.

The curriculum includes learning objectives, background information on skin cancer and sun safety, curriculum overview, suggested Sun Safe Theme Day plans, and support activities. During the 1  $\frac{1}{2}$  - 2 hour Sun Safe Child Care Curriculum training, Child Care Providers will learn:

- Ways to protect children from the sun
- The Slip, Slop, Slap, Wrap message
- The latest information and statistics on skin cancer prevention
- How to develop a center-wide Sun Protection Plan
- How to access resources from the Maryland Skin Cancer Prevention Program, the American Cancer Society and other agencies and organizations

If you are interested in training child care providers in the Sun Safe Curriculum, please contact Roberta Herbst (ext. 3340) or Amanda Schnitzer (ext. 3341) at 410-539-0872 or 800-492-1056.